

2008-2009 NSC MEET ANNOUNCEMENT

WHEN: SATURDAY, NOVEMBER 15TH, 2008
WHO: WETHERSFIELD BARRACUDDAS
WHERE: NEWINGTON HIGH SCHOOL POOL
TIME: 1:00PM WARM-UP / 1:30 START

All swimmers are to be on deck ready to swim at **12:30pm**.
Late swimmers will be scratched from the meet by the beginning of warm-up.

All swimmers will swim in 2 to 4 events.

If you cannot attend this meet, will be late or will have to leave before the end of the meet please email Mark at NSCWaves@comcast.net. Or give a note to Mark only at practice or place a note in Mark's folder. Please get your note and/or email to Mark no later than *Thursday, November 13th*.

If there is an emergency after 11/13 or on the morning of the meet (running late, illness, etc.) **please call Mark at 860-940-5114 and leave a message**. If you connect to Mark's voice mail and leave a message you can be confident that Mark will receive your message. There is no need for a confirmation call from Mark.

Only swimmers, coaches, and parent volunteers are allowed on the pool deck before, during and after the meet. Meet Line-up Sheets will be posted outside of the pool area for parents and spectators.

If you are interested in volunteering, please sign up on the volunteer sign up sheet located on our team bulletin board outside of the pool area.

Please do not leave the meet early without notifying a coach in advance. When swimmers that are scheduled to swim in relays at the end of meet leave early those relays have to be scratched & those swimmers who are there can't swim.

FOOD DRIVE: We are asking all team members to bring at least 2 non-perishable food items to the meet. We are donating the food we collect to the town of Newington's Food Bank. All collected food will be distributed to a variety of households comprised of children, adults, the elderly, people with disabilities and the homebound. Please find it in your heart to donate what you can on Saturday.

Let's show our ***NEWINGTON PRIDE*** by making lots of signs (in good sportsmanship) to put up on the walls of our pool!! Just bring your signs on Saturday morning and we'll put them up.

SWIM SMART AND HAVE FUN!!!