

The 7TH Annual Elm City Invitational

February 8-10, 2008

Hosted by SoNoCo Swim Club

Held under sanction by USA Swimming and Connecticut Swimming, Inc.

Sanction# S07-57

125 Wintergreen Ave.

New Haven, CT. 06515

Meet Manager & Entry Chairman

Tim Quill

125 Wintergreen Ave.

New Haven, CT 06515

(203) 392-6026 (O)

(203) 910-0138 (C)

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Emergency: Emergency only (203) 392-6027

Safety Chairperson: Mike Carlucci

Referee: Mike Huffman

The meet will be run in accordance with USA Swimming rules unless otherwise noted. The meet referee reserves the right to make any adjustments to the provisions of the meet announcement necessary to ensure the fair and efficient running of the meet with approval from Program Operations.

POOL: Hutchinson Natatorium is an 8 lane, 25 yard pool with a state of the art Colorado Timing System. Pool depth ranges from 5ft. to 13ft. There is ample deck and spectator seating.

EVENTS: All events will be deck seeded according to the swimmers' best yard times. Preliminary heats of all individual events with the exception of the 400IM, 500 Free, 12-under 200 stroke events and relays will be held in 3 categories: 12-U, 13-14, Senior. There will be two heats (Consolation and Final) for each event in 12-U, 13-14 and Senior categories. If there are any events with less than 16 swimmers entered, we will run an "A" final only of that event.

The 500 Free and 400 IM are open to all athletes. These events will be listed as senior events and will be run slowest to fastest

All 10 and under events will run as timed finals.

RELAYS:

Relay events are listed as a senior event and will run as a timed final event at evening finals. Athletes of all age categories are eligible to swim relay events. Coaches may enter relays after the completion of preliminary sessions based on the number of athletes attending finals.

ELIGIBILITY: Only current USA SWIMMING registered swimmers are eligible. The swimmer's age of February 8, 2008 will determine his/her age for the meet. **Out of state teams, a team roster signed by your LSC membership chairman stating that all the swimmers are registered or any other acceptable proof that all swimmers hold a current USA registration must be sent with your entry.**

ENTRY LIMITATIONS: Swimmers may compete in two events on Friday, three (3) individual events each on Saturday and Sunday. Heat limits may be required in the 500 Free and 400 IM for Friday, 200 Free on Saturday and 200 IM on Sunday.

ENTRY FORMS: Teams are encouraged to email quillt1@southernct.edu their entries via HY-TEK, LSA or other SDIF export files. Meet entries may be submitted on the official entry form or a computer-generated facsimile. All entries on disk, fax or email must be accompanied by an original paper copy of the entry. Mail your entry to Tim Quill at the above address. Please send your original entry, not a photocopy. Teams are asked to include the contact information of a club official on the entry form as well as a club mailing address, email address and fax numbers. If any of your swimmers are swimming the meet UNATTACHED, please mark them clearly in RED "UN" alongside the swimmers' name on the entry sheet. No time entries are strongly discouraged. Please estimate swimmers' times if necessary, for seeding purposes. In case of dispute, the official entry form will be considered the master form only official document of entry.

ENTRY FEES: Entry fee is **\$4.00** for individual events, **\$6.00** for the 500 freestyle, 400 IM and 12-under 200 Stroke events and **\$8.00** for each Relay event. Make checks payable to **Sonoco Swim Club** and mail the check with entry forms to the entry chairman above. Additional Relay Events will be billed to each club at the time of additional entry. If you send your entry by express mail please sign the waiver so that the package will be delivered even if no one is there to sign for it. **Manual Entry fee:** If you submit hand entries, a \$5.00 charge will be added to each swimmer.

ENTRY DEADLINE: Entries must be received no later than Tuesday January 29, 2008. Changes or corrections after the deadline may be made at the discretion of the meet manager and must be submitted in writing.

OVERSUBSCRIPTION: Entries will be accepted on a first-come, first-serve basis. Be aware the meet may close prior to the entry deadline. Teams whose entries cannot be accepted will be notified as soon as the meet is full, but no later than Saturday February 2, 2008. Splash fees for entries that are scratched due to limits will be returned. **SONOCO Swim Club and Southern Connecticut State University reserve the right to modify and/or cancel the meet for safety or other reasons with the consent of the CT Swimming Program Operations.**

OFFICIALS: A meet of this size and caliber require workers to make it run efficiently. SONOCO welcomes anyone who would like to assist with officiating during the meet. Please contact Mike Huffman at 860-547-5410 or by email michael.huffman@thehartford.com you would like to help, include the name, home number and level of any willing official with your entry.

TIMERS: The host team will require timers from teams in proportion to the size of their entries. Team assignments will be posted on the team web-site 3 days prior to the meet.

USA SWIMMING MEMBERSHIP CARDS REQUIRED FOR ALL COACHES AND OFFICIALS:

All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

SCRATCHES: Coaches will receive a scratch sheet for each session of the meet in their information packets listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and **turn them into the computer table within one half hour after the beginning of warm-ups even if there are no scratches.**

FAILURE TO COMPETE IN FINALS: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. There is no penalty for failure to compete in Timed Final Events. **Please be aware that this rule will be adhered to in accordance with CT Swimming rules and procedures.**

EXCEPTIONS FOR FAILURE TO COMPETE IN FINALS: No penalty shall apply for failure to compete in finals if:

1. The referee is notified in the event of injury of illness and accepts the proof thereof.
2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to

compete and confirms his final intentions within 30 minutes following his last individual preliminary event.

3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

PSYCH SHEETS, MEET CHANGES, AND RESULTS ON THE WEB: Meet information will be posted on www.sonocoaquatics.org

MEET SCHEDULE

FRIDAY

Warm up: 4:00pm

Start 5:15pm

SATURDAY AND SUNDAY

13 & Over AM Session*

Warm-up: 7:00am

Start: 8:30am

12 & Under PM Session*

Warm-up: 12:30pm

Start: 1:30pm

Saturday Finals: (11 & Over)*

Warm-up: 6:00pm

Start: 7:00pm

Sunday Finals (11 & Over)**

Warm up: 5:00pm

Start: 6:00pm

* Warm-up and start times for all sessions and finals are subject to change depending on the size of meet.

** We will attempt to start finals 1 hour earlier on Sunday evening. You will be notified of any changes.

AWARDS: No awards will be given.

Scoring: Combined team scores will be kept as point of reference only.

FOOD: Food and beverage will be available during the meet. However, food will not be allowed in any area of the building other than the food concession area.

INFORMATION: Please direct all questions regarding entries to the entry chairman and all other questions to the meet manager. Since we are the guests of the Southern Connecticut State University, all swimmers, coaches and guests are expected to treat the facility with respect. It is the responsibility of each team to provide supervision for the swimmers when they are not swimming. Any violation of the rules of sportsmanship and common courtesy could result in the expulsion of a swimmer and/or team from the meet.

Handicapped/Elderly Accessibility

- Handicapped accessibility is available at the Moore Field House and the Hutchinson Natatorium.
- Handicapped parking is located in the main parking lot between the Moore Field House and the Wintergreen Building.
- Handicapped entrance, with automatic door, is located in the front of the Moore Field House. Please follow walk-way around the front of the main lobby to the entrance.
- Elevators are located on the ground floor of the Moore Field House immediately to the left of the handicapped entrance. Spectator seating for the Hutchinson Natatorium is available on the 2nd floor.
- Unisex handicapped bathrooms are located on the 2nd floor of the Moore Field House Main Lobby adjacent to the spectator area.
- Anyone requiring assistance is encouraged to speak to the building or event supervisor

SCHEDULE OF EVENTS

FRIDAY TIMED FINALS

| <u>Event#</u> | <u>Women</u> | | <u>Men</u> | <u>Event#</u> |
|---------------|--------------|----------------------------------------|------------|---------------|
| 1 | Senior | 500 Free (Heat limits may be required) | Senior | 2 |
| 3 | 12-under | 200 Back | 12-under | 4 |
| 5 | 12-under | 200 Breast | 12-under | 6 |
| 7 | 12-under | 200 Fly | 12-under | 8 |
| 9 | Senior | 400 IM (Heat limits may be required) | Senior | 10 |

SATURDAY AM PRELIMINARIES

| <u>Event#</u> | <u>Women</u> | | <u>Men</u> | <u>Event#</u> |
|---------------|--------------|--------------------------------|------------|---------------|
| 11 | Senior | 200 Medley Relay (Finals only) | Senior | 12 |
| 13 | 13-14 | 200 FREE | 13-14 | 14 |
| 15 | Senior | 200 FREE | Senior | 16 |
| 17 | 13-14 | 200 BREAST | 13-14 | 18 |
| 19 | Senior | 200 BREAST | Senior | 20 |
| 21 | 13-14 | 100 FLY | 13-14 | 22 |
| 23 | Senior | 100 FLY | Senior | 24 |
| 25 | 13-14 | 100 BACK | 13-14 | 26 |
| 27 | Senior | 100 BACK | Senior | 28 |
| 29 | 13-14 | 50 FREE | 13-14 | 30 |
| 31 | Senior | 50 FREE | Senior | 32 |

SATURDAY PM 10/U TIMED FINALS, 11/12 PRELIMINARIES

| <u>Event#</u> | <u>Girls</u> | | <u>Boys</u> | <u>Event#</u> |
|---------------|--------------|------------|-------------|---------------|
| 33 | 12-U | 200 FREE | 12-U | 34 |
| 35 | 10-U | 200 FREE | 10-U | 36 |
| 37 | 12-U | 100 BREAST | 12-U | 38 |
| 39 | 10-U | 100 BREAST | 10-U | 40 |
| 41 | 12-U | 100 FLY | 12-U | 42 |
| 43 | 10-U | 100 FLY | 10-U | 44 |
| 45 | 12-U | 100 BACK | 12-U | 46 |
| 47 | 10-U | 100 BACK | 10-U | 48 |
| 49 | 12-U | 50 FREE | 12-U | 50 |
| 51 | 10-U | 50 FREE | 10-U | 52 |

SATURDAY FINALS

Senior 200 FREE RELAY
11/12 200 FREE
13/14 200 FREE
Senior 200 FREE
11/12 100 BREAST
13/14 200 BREAST
Senior 200 BREAST
11/12 100 FLY
13/14 200 FLY
Senior 200 FLY
11/12 100 BACK
13/14 100 BACK
Senior 100 BACK
11/12 50 FREE
13/14 50 FREE
Senior 50 FREE

SUNDAY AM PRELIMINARIES

| <u>Event#</u> | <u>Women</u> | | <u>Men</u> | <u>Event#</u> |
|---------------|--------------|------------------------------|------------|---------------|
| 53 | Senior | 200 Free Relay (Finals only) | Senior | 54 |
| 55 | 13-14 | 100 BREAST | 13-14 | 56 |
| 57 | Senior | 100 BREAST | Senior | 58 |
| 59 | 13-14 | 200 BACK | 13-14 | 60 |
| 61 | Senior | 200 BACK | Senior | 62 |
| 63 | 13-14 | 200 FLY | 13-14 | 64 |
| 65 | Senior | 200 FLY | Senior | 66 |
| 67 | 13-14 | 100 FREE | 13-14 | 68 |
| 69 | Senior | 100 FREE | Senior | 70 |
| 71 | 13-14 | 200 IM | 13-14 | 72 |
| 73 | Senior | 200 IM | Senior | 74 |

SUNDAY PM 10/U TIMED FINALS, 11/12 PRELIMINARIES

| <u>Event#</u> | <u>Girls</u> | | <u>Boys</u> | <u>Event#</u> |
|---------------|--------------|------------|-------------|---------------|
| 75 | 12-U | 200 IM | 12-U | 76 |
| 77 | 10/U | 200 IM | 10/U | 78 |
| 79 | 12-U | 50Y BREAST | 12-U | 80 |
| 81 | 10-U | 50Y BREAST | 10-U | 82 |
| 83 | 12-U | 50Y BACK | 12-U | 84 |
| 85 | 10-U | 50Y BACK | 10-U | 86 |
| 87 | 12-U | 100 FREE | 12-U | 88 |
| 89 | 10-U | 100 FREE | 10-U | 90 |
| 91 | 12-U | 50 FLY | 12-U | 92 |
| 93 | 10-U | 50 FLY | 10-U | 94 |

SUNDAY FINALS

Senior 200 FREE RELAY
11/12 200 IM
13/14 100 BREAST
Senior 100 BREAST
11/12 50 BREAST
13/14 200 BACK
Senior 200 BACK
11/12 50 BACK
13/14 100 FREE
Senior 100 FREE
11/12 100 FREE
13/14 100 FLY
Senior 100 FLY
11/12 50 FLY
13/14 200 IM
Senior 200 IM